

Mila Telebak – Camden Youth MP Election 2024 manifesto

Goals

My name is Mila Telebak, and I am a student at Hampstead School where I am doing my A-levels. I am running for Camden Youth MP because I believe that the young people within the community deserve someone who believes in them, their potential and their future. Mental health, physical health and opportunity are the best ways to create passionate, healthy, motivated, and prepared individuals ensuring a stable and prosperous future. I am resilient, a good listener and motivated to make a positive change. This will ensure that I do what it takes to implement all the goals I have intended to improve Camden for its young people.

If elected, I will bring about this positive change for the young people and our future through:

1. Free gym memberships for young people

- Many young people wish to attend gyms for recreation or to improve their physical health, but membership prices deter them. Being physically active would also improve mental health and set young people up for a longer, happier more productive future. I would communicate with gym owners around Camden to provide young people with free access to basic gym facilities at certain hours. I will also campaign for a large reduction in prices for other facilities. These changes would encourage the youth to go to the gym and allow them to decide whether it works for them or not as they won't be discouraged by prices.

2. Young people are the future, they should be invested in

- More work experience and volunteering opportunities. As a sixth-form student, I know how stressful it is to try and find work experience in relation to things that interest me in the future. That is why I will work with local businesses in Camden to provide an array of opportunities for young people, not just to find work experience but volunteering and employment. This would give the youth in the community a purpose, along with the option of the gym, stopping them from turning to gangs and crime, making the streets in the community safer for everyone and ensuring young people are protected and prepared to take on the future.

3. Healthier meals make healthier pupils

- An introduction of a more diverse and varied menu for schools would benefit young people of all ages. Limited vegan and other dietary requirements options are a prominent issue in many schools, with children eating the same simple meals throughout their time in schools because of not enough options when it comes to the non-standard menu - therefore not getting the nutrition they need. This leads to a mass of problems such as poor health, illness and missing out on school. Additionally, all young people should have access to these without the fear of cost. Therefore, an introduction of free school meals for all secondary school students will

ensure that the youth are getting these healthy meals and benefiting from them.


4. Mandatory testing for access arrangements

- I have seen first-hand people not achieving as well as they can because of things like timed conditions in exams. So, introducing mandatory testing for special arrangements will ensure that all children reach their highest potential and are not being restricted by things that are not related to knowledge, like running out of time during exams. All it takes is a 45-ish minute exam testing reading comprehension, word recognition, spelling and writing and typing speed, which could easily be done during a PSHE session. This would mean no student is left out of having access to arrangements that would allow them to perform to the best of their ability.

5. Under-represented stories making their way into the curriculum

- Representing stories from marginalised communities will bring a sense of inclusivity in schools, strengthening community and making sure all children feel included and valued. It would also reduce stigmatisation and bullying, as young people would be more educated about the diversity in the world and community they live in.
- Introducing more diverse materials in things such as literature instead of just English and American pieces or focusing more on the history and culture of art in class will inspire and enrich students, creating more understanding, well-rounded adults that will then impact the society around them.

For any questions or queries you can contact me on:

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